Introduction to the YRBSS
The Youth Risk Behavior Surveillance System (YRBSS) is an epidemiologic surveillance system established by the Centers for Disease Control and Prevention (CDC) to monitor the prevalence of youth behaviors that most influence health.

The YRBSS focuses on priority health-risk behaviors established during youth that result in the most significant mortality, morbidity, disability, and social problems during both youth and adulthood. These include: behaviors that result in unintentional injuries and violence; sexual behaviors; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases, including HIV infection; alcohol and other drug use; tobacco use; unhealthy dietary behaviors; and inadequate physical exercise. The YRBSS also measures the prevalence of obesity and asthma among youth and young adults.

Results from the YRBSS will be used by CDC to: (1) monitor how priority health-risk behaviors among high school students (grades 9-12) increase, decrease, or remain the same over time; (2) evaluate the impact of broad national, state, and local efforts to prevent priority health-risk behaviors; and (3) monitor progress in achieving relevant national health objectives. Results also will be used to help focus school health programs and policies on the behaviors that contribute most to the leading causes of mortality and morbidity.

The National Youth Risk Behavior Survey (YRBS) uses a three-stage cluster design to produce a representative sample of 9th through 12th grade students. All regular public, Catholic and other private school students, in grades 9 through 12 in the 50 states, and the District of Columbia were included. One hundred and ninety-three schools were sampled.
Q1. How old are you?

Q2. What is your sex?
   1. Female
   2. Male

Q3. In what grade are you?

Q4. What is your race/ethnicity?
   1. American Indian or Alaska Native
   2. Asian
   3. Black or African American
   4. Native Hawaiian or Other Pacific Islander
   5. White
   6. Hispanic/Latino
   7. Multiple- Hispanic
   8. Multiple- Non-Hispanic

Q5. Body Mass Index (BMI) Percentage- range 0-100% based on age, height, weight & sex

Q6. Overweight/Obese (calculated using BMI percentage)
   1. Not overweight or obese
   2. Overweight
   3. Obese

Q8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?
   1. I did not ride a bicycle during the past 12 months
   2. Never wore a helmet
   3. Rarely wore a helmet
   4. Sometimes wore a helmet
   5. Most of the time wore a helmet
   6. Always wore a helmet

Q9. How often do you wear a seat belt when riding in a car driven by someone else?
   1. Never
   2. Rarely
   3. Sometimes
   4. Most of the time
   5. Always

Q10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?
    1. 0 times
    2. 1 time
    3. 2 or 3 times
    4. 4 or 5 times
Q11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?
   1. I did not drive a car or other vehicle during the past 30 days
   2. 0 times
   3. 1 time
   4. 2 or 3 times
   5. 4 or 5 times
   6. 6 or more times

Q12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?
   1. I did not drive a car or other vehicle during the past 30 days
   2. 0 days
   3. 1 or 2 days
   4. 3 to 5 days
   5. 6 to 9 days
   6. 10 to 19 days
   7. 20 to 29 days
   8. All 30 days

Q13. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?
   1. 0 days
   2. 1 day
   3. 2 or 3 days
   4. 4 or 5 days
   5. 6 or more days

Q14. During the past 30 days, on how many days did you carry a gun?
   1. 0 days
   2. 1 day
   3. 2 or 3 days
   4. 4 or 5 days
   5. 6 or more days

Q15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?
   1. 0 days
   2. 1 day
   3. 2 or 3 days
   4. 4 or 5 days
   5. 6 or more days

Q16. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?
   1. 0 days
   2. 1 day
3. 2 or 3 days
4. 4 or 5 days
5. 6 or more days

Q17. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?
   1. 0 times
   2. 1 time
   3. 2 or 3 times
   4. 4 or 5 times
   5. 6 or 7 times
   6. 8 or 9 times
   7. 10 or 11 times
   8. 12 or more times

Q18. During the past 12 months, how many times were you in a physical fight?
   1. 0 times
   2. 1 time
   3. 2 or 3 times
   4. 4 or 5 times
   5. 6 or 7 times
   6. 8 or 9 times
   7. 10 or 11 times
   8. 12 or more times

Q19. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?
   1. 0 times
   2. 1 time
   3. 2 or 3 times
   4. 4 or 5 times
   5. 6 or more times

Q20. During the past 12 months, how many times were you in a physical fight on school property?
   1. 0 times
   2. 1 time
   3. 2 or 3 times
   4. 4 or 5 times
   5. 6 or 7 times
   6. 8 or 9 times
   7. 10 or 11 times
   8. 12 or more times

Q21. Have you ever been physically forced to have sexual intercourse when you did not want to?
   1. Yes
   2. No
Q22. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)
   1. I did not date or go out with anyone during the past 12 months
   2. 0 times
   3. 1 time
   4. 2 or 3 times
   5. 4 or 5 times
   6. 6 or more times

Q23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)
   1. I did not date or go out with anyone during the past 12 months
   2. 0 times
   3. 1 time
   4. 2 or 3 times
   5. 4 or 5 times
   6. 6 or more times

Q24. During the past 12 months, have you ever been bullied on school property?
   1. Yes
   2. No

Q25. During the past 12 months, have you ever been electronically bullied? (Count being bullied through e-mail, chat rooms, instant messaging, websites, or texting.)
   1. Yes
   2. No

Q26. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
   1. Yes
   2. No

Q27. During the past 12 months, did you ever seriously consider attempting suicide?
   1. Yes
   2. No

Q28. During the past 12 months, did you make a plan about how you would attempt suicide?
   1. Yes
   2. No

Q29. During the past 12 months, how many times did you actually attempt suicide?
   1. 0 times
   2. 1 time
   3. 2 or 3 times
   4. 4 or 5 times
   5. 6 or more times
Q30. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
   1. I did not attempt suicide during the past 12 months
   2. Yes
   3. No

Q31. Have you ever tried cigarette smoking, even one or two puffs?
   1. Yes
   2. No

Q32. How old were you when you smoked a whole cigarette for the first time?
   1. I have never smoked a whole cigarette
   2. 8 years old or younger
   3. 9 or 10 years old
   4. 11 or 12 years old
   5. 13 or 14 years old
   6. 15 or 16 years old
   7. 17 years old or older

Q33. During the past 30 days, on how many days did you smoke cigarettes?
   1. 0 days
   2. 1 or 2 days
   3. 3 to 5 days
   4. 6 to 9 days
   5. 10 to 19 days
   6. 20 to 29 days
   7. All 30 days

Q34. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?
   1. I did not smoke cigarettes during the past 30 days
   2. Less than 1 cigarette per day
   3. 1 cigarette per day
   4. 2 to 5 cigarettes per day
   5. 6 to 10 cigarettes per day
   6. 11 to 20 cigarettes per day
   7. More than 20 cigarettes per day

Q35. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)
   1. I did not smoke cigarettes during the past 30 days
   2. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
   3. I got them on the Internet
   4. I gave someone else money to buy them for me
   5. I borrowed (or bummed) them from someone else
   6. A person 18 years old or older gave them to me
   7. I took them from a store or family member
   8. I got them some other way
Q36. During the past 12 months, did you ever try to quit smoking cigarettes?
   1. I did not smoke during the past 12 months
   2. Yes
   3. No

Q37. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
   1. 0 days
   2. 1 or 2 days
   3. 3 to 5 days
   4. 6 to 9 days
   5. 10 to 19 days
   6. 20 to 29 days
   7. All 30 days

Q38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
   1. 0 days
   2. 1 or 2 days
   3. 3 to 5 days
   4. 6 to 9 days
   5. 10 to 19 days
   6. 20 to 29 days
   7. All 30 days

Q39. Have you ever used an electronic vapor product?
   1. Yes
   2. No

Q40. During the past 30 days, on how many days did you use an electronic vapor product?
   1. 0 days
   2. 1 or 2 days
   3. 3 to 5 days
   4. 6 to 9 days
   5. 10 to 19 days
   6. 20 to 29 days
   7. All 30 days

Q41. During your life, on how many days have you had at least one drink of alcohol?
   1. 0 days
   2. 1 or 2 days
   3. 3 to 9 days
   4. 10 to 19 days
   5. 20 to 39 days
   6. 40 to 99 days
   7. 100 or more days

Q42. How old were you when you had your first drink of alcohol other than a few sips?
1. I have never had a drink of alcohol other than a few sips
2. 8 years old or younger
3. 9 or 10 years old
4. 11 or 12 years old
5. 13 or 14 years old
6. 15 or 16 years old
7. 17 years old or older

Q43. During the past 30 days, on how many days did you have at least one drink of alcohol?
   1. 0 days
   2. 1 or 2 days
   3. 3 to 5 days
   4. 6 to 9 days
   5. 10 to 19 days
   6. 20 to 29 days
   7. All 30 days

Q44. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?
   1. 0 days
   2. 1 day
   3. 2 days
   4. 3 to 5 days
   5. 6 to 9 days
   6. 10 to 19 days
   7. 20 or more days

Q45. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?
   1. I did not drink alcohol during the past 30 days
   2. 1 or 2 drinks
   3. 3 drinks
   4. 4 drinks
   5. 5 drinks
   6. 6 or 7 drinks
   7. 8 or 9 drinks
   8. 10 or more drinks

Q46. During the past 30 days, how did you usually get the alcohol you drank?
   1. I did not drink alcohol during the past 30 days
   2. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station
   3. I bought it at a restaurant, bar, or club
   4. I bought it at a public event such as a concert or sporting event
   5. I gave someone else money to buy it for me
   6. Someone gave it to me
   7. I took it from a store or family member
   8. I got it some other way
Q47. During your life, how many times have you used marijuana?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 to 99 times
   7. 100 or more times

Q48. How old were you when you tried marijuana for the first time?
   1. I have never tried marijuana
   2. 8 years old or younger
   3. 9 or 10 years old
   4. 11 or 12 years old
   5. 13 or 14 years old
   6. 15 or 16 years old
   7. 17 years old or older

Q49. During the past 30 days, how many times did you use marijuana?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q52. During your life, how many times have you used heroin (also called smack, junk, or China White)?
   1. 0 times
   2. 1 or 2 times
Q53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q54. During your life, how many times have you used ecstasy (also called MDMA)?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q55. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q56. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q57. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times
Q58. During your life, how many times have you used a needle to inject any illegal drug into your body?

Q59. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?
   1. Yes
   2. No

Q60. Have you ever had sexual intercourse?
   1. Yes
   2. No

Q61. How old were you when you had sexual intercourse for the first time?

Q62. During your life, with how many people have you had sexual intercourse?

Q63. During the past 3 months, with how many people did you have sexual intercourse?

Q64. Did you drink alcohol or use drugs before you had sexual intercourse the last time?
   1. I have never had sexual intercourse
   2. Yes
   3. No

Q65. The last time you had sexual intercourse, did you or your partner use a condom?
   1. I have never had sexual intercourse
   2. Yes
   3. No

Q66. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)
   1. I have never had sexual intercourse
   2. No method was used to prevent pregnancy
   3. Birth control pills
   4. Condoms
   5. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)
   6. A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)
   7. Withdrawal or some other method
   8. Not sure

Q67. During your life, with whom have you had sexual contact?
   1. I have never had sexual contact
   2. Females
   3. Males
   4. Females and males

Q68. Which of the following best describes you?
   1. Heterosexual (straight)
2. Gay or lesbian
3. Bisexual
4. Not sure

Q69. How do you describe your weight?
   1. Very underweight
   2. Slightly underweight
   3. About the right weight
   4. Slightly overweight
   5. Very overweight

Q70. Which of the following are you trying to do about your weight?
   1. Lose weight
   2. Gain weight
   3. Stay the same weight
   4. I am not trying to do anything about my weight

Q71. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
   1. I did not drink 100% fruit juice during the past 7 days
   2. 1 to 3 times during the past 7 days
   3. 4 to 6 times during the past 7 days
   4. 1 time per day
   5. 2 times per day
   6. 3 times per day
   7. 4 or more times per day

Q72. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)
   1. I did not eat fruit during the past 7 days
   2. 1 to 3 times during the past 7 days
   3. 4 to 6 times during the past 7 days
   4. 1 time per day
   5. 2 times per day
   6. 3 times per day
   7. 4 or more times per day

Q73. During the past 7 days, how many times did you eat green salad?
   1. I did not eat green salad during the past 7 days
   2. 1 to 3 times during the past 7 days
   3. 4 to 6 times during the past 7 days
   4. 1 time per day
   5. 2 times per day
   6. 3 times per day
   7. 4 or more times per day

Q74. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)
   1. I did not eat potatoes during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

Q75. During the past 7 days, how many times did you eat carrots?
   1. I did not eat carrots during the past 7 days
   2. 1 to 3 times during the past 7 days
   3. 4 to 6 times during the past 7 days
   4. 1 time per day
   5. 2 times per day
   6. 3 times per day
   7. 4 or more times per day

Q76. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)
   1. I did not eat other vegetables during the past 7 days
   2. 1 to 3 times during the past 7 days
   3. 4 to 6 times during the past 7 days
   4. 1 time per day
   5. 2 times per day
   6. 3 times per day
   7. 4 or more times per day

Q77. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)
   1. I did not drink soda or pop during the past 7 days
   2. 1 to 3 times during the past 7 days
   3. 4 to 6 times during the past 7 days
   4. 1 time per day
   5. 2 times per day
   6. 3 times per day
   7. 4 or more times per day

Q78. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)
   1. I did not drink milk during the past 7 days
   2. 1 to 3 glasses during the past 7 days
   3. 4 to 6 glasses during the past 7 days
   4. 1 glass per day
   5. 2 glasses per day
   6. 3 glasses per day
   7. 4 or more glasses per day

Q79. During the past 7 days, on how many days did you eat breakfast?
Q80. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

Q81. On an average school day, how many hours do you watch TV?
0 0.5 (this will round to 1 in your output if you run a frequency, but will be used as 0.5 in analysis)
1 2 3 4 5

Q82. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)
0 0.5 (this will round to 1 in your output if you run a frequency, but will be used as 0.5 in analysis)
1 2 3 4 5

Q83. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

Q84. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

Q85. Have you ever been tested for HIV, the virus that causes AIDS? (Do not count tests done if you donated blood.)
1. Yes
2. No
3. Not sure

Q86. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?
1. During the past 12 months
2. Between 12 and 24 months ago
3. More than 24 months ago
4. Never
5. Not sure

Q87. Has a doctor or nurse ever told you that you have asthma?
1. Yes
Q88. On an average school night, how many hours of sleep do you get?

Q89. During the past 12 months, how would you describe your grades in school?
   1. Mostly A's
   2. Mostly B's
   3. Mostly C's
   4. Mostly D's
   5. Mostly F's
   6. None of these grades
   7. Not sure

Q90. During the past 30 days, how did you usually use marijuana?
   1. I did not use marijuana during the past 30 days
   2. I smoked it in a joint, bong, pipe, or blunt
   3. I ate it in food such as brownies, cakes, cookies, or candy
   4. I drank it in tea, cola, alcohol, or other drinks
   5. I vaporized it
   6. I used it some other way

Q91. During your life, how many times have you used hallucinogenic drugs, such as LSD, acid, PCP, angel dust, mescaline, or mushrooms?
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q92. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)
   1. I did not drink sports drinks during the past 7 days
   2. 1 to 3 times during the past 7 days
   3. 4 to 6 times during the past 7 days
   4. 1 time per day
   5. 2 times per day
   6. 3 times per day
   7. 4 or more times per day

Q93. During the past 7 days, how many times did you drink a bottle or glass of plain water? (Count tap, bottled, and unflavored sparkling water.)
   1. I did not drink water during the past 7 days
   2. 1 to 3 times during the past 7 days
   3. 4 to 6 times during the past 7 days
   4. 1 time per day
   5. 2 times per day
6. 3 times per day
7. 4 or more times per day

Q94. Are there any foods that you have to avoid because eating the food could cause an allergic reaction, like skin rashes, swelling, itching, vomiting, coughing, or trouble breathing?
   1. Yes
   2. No
   3. Not sure

Q95. During the past 7 days, on how many days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?

Q96. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)
   1. 0 times
   2. 1 or 2 times
   3. 3 to 9 times
   4. 10 to 19 times
   5. 20 to 39 times
   6. 40 or more times

Q97. During the past 12 months, how many times have you had a sunburn? (Count the number of times even a small part of your skin turned red or hurt for 12 hours or more after being outside in the sun or after using a sunlamp or other indoor tanning device.)

Q98. Because of a physical, mental, or emotional problem, do you have serious difficulty concentrating, remembering, or making decisions?
   1. Yes
   2. No

Q99. How well do you speak English?
   1. Very well
   2. Well
   3. Not well
   4. Not at all